



## **ASA 2020 Annual Conference Schedule May 2-3, 2020**

### **Saturday, May 2, 2020**

**7:00 AM - 8:00 AM**

#### **Morning Qigong**

David Peters, LAc, LMBT, MSOM

1 PDA/CEU, category 1 (CA)

Qigong is an integral part of healing in East Asian Medicine. This class will build your skillset for qigong practice to educate our patients so they may promote their own wellbeing. Explore the basic methods of rooting, sensing the body and releasing tension in the body. We will be doing the basic stances to improve leg strength and flexibility. We will learn to educate our patients so they can open the joints, relax tendons and improve qi flow in the body.

**8:30 AM - 10:00 AM**

#### **State and National Acupuncture Association Achievements**

David Miller MD, LAc; Henry Buchtel, MS (China), Dipl Ac; Jared West, LAc; Charis Wolf, AEMP, LAc

1.5 PDA/CEU, category 1 (CA)

This will be a panel discussion designed to share with other state representatives how states in different geographical regions improved patient access to the medicine through the development of an acupuncture practice act, how Ohio acupuncturists became part of Medicaid improving patient care to an underserved population and best practices when engaging nurses who want to add acupuncture to their scope of practice while ensuring patient safety.

Additionally, the ASA Chair will share its national acupuncture accomplishments of the past year leading to improved patient access to acupuncture.

**10:00 AM - 11:00 AM**

**Advances in Neuroimaging Research with Acupuncture**

Vitaly Napadow PhD, LAc

1 PDA/CEU, category 1 (CA)

This lecture will discuss how using imaging is informing acupuncture as well as how acupuncture is informing neuroscience. Additionally, learn how acupuncture research using fMRI is allowing for improved communication between acupuncturists and other medical providers.

**11:15 AM - 12:15 PM**

**Insurance: HCPAC and Medicare**

Mori West

1 PDA/CEU, category 1 (CA)

This lecture will cover acupuncture's HCPAC history, its significance as well as what led to our inclusion as a profession into HCPAC. Additionally, Mori West will go over how insurance codes are developed and reviewed leading to improved public health access for the elderly.

**12:15 PM - 1:15 PM**

**Integrative Oncology**

Gary Deng, MD, PhD

1 PDA/CEU, category 1 (CA)

This lecture will cover the state of non-opioid treatment in the field of integrative oncology. Additionally, will discuss acupuncture research advances in the field of oncology. Through this course, learn how to have improved communication with integrative oncologists in regards to acupuncture and the treatment of pain associated with cancer.

1:15 PM - 2:30 PM LUNCH and Breakout Discussion Groups

## **2:30 PM - 4:30 PM Break out sessions:**

2 PDA/CEU, category 1 (CA)

- **Integrative Health Panel**
  - Freda Dreher, MD; Gary Deng, MD, PhD; Zeyiad Elias, DAOM, LAc
  - This lecture is a panel discussion looking at the status of integration at a number of integrative medical locations. Additionally, the discussion will focus on how to evaluate the challenges and successes at integrative medical sites along with the opportunity to share ideas on how to move integration forward among the group.
  
- **Opioids and Acupuncturists Without Borders**
  - Peter Goldberg, LicAc
  - This lecture will discuss the use of acupuncture for pain, trauma and opioid dependency. The goal is to reduce opioid dependency, working in conjunction with physicians to provide a safe alternative to those who are impacted by the opioid crisis.
  
- **Acupuncture Research Panel: What questions should you ask before you do research?**
  - Vitaly Napadow, PhD, LicAc, Jennifer Stone, LicAc
  - This panel will discuss what areas of acupuncture research are mostly like to get funding (i.e., are of great interest to funding agencies). Additionally, we will learn the best ways to go about getting involved in research as well as how to obtain funding for research studies.

## **4:30 PM - 5:30 PM**

**Student Committee Meeting**

## **5:30 PM - 7:00 PM Social Hour**

**Sunday, May 3, 2020**

**7:00 AM - 8:00 AM**

**Morning Qigong**

David Peters, LAc, LMBT, MSOM

1 PDA/CEU, category 1 (CA)

Qigong is an integral part of healing in East Asian Medicine. This class will build your skill set for qigong practice to educate our patients so they may promote their own wellbeing. Explore the basic methods of rooting, sensing the body and releasing tension in the body. We will be doing the basic stances to improve leg strength and flexibility. We will learn to educate our patients so they can open the joints, relax tendons and improve qi flow in the body.

**8:30 AM - 9:30 AM**

**Acupuncture Malpractice Protections and Pitfalls**

Marilyn Allen

1 PDA/CEU, category 1 (CA)

This lecture will provide patient safety considerations on medical safety cautions in the acupuncture field. Using sample cases, this lecture will discuss common pitfall that occur to acupuncturists. Additionally, this course will cover the top three reasons why acupuncturists get sued in our field.

**9:45 AM - 10:45 AM**

**The Governance of Acupuncture: Reports from ACAOM, CCAOM & NCCAOM**

F. Afua Bromley, Dipl Ac (NCCAOM), LAc; Mark McKenzie, MsOM, LAc & Misti Oxford-Pickeral, MAc

1 PDA/CEU, category 1 (CA)

The core of the acupuncture profession involves our educational and credentialing bodies. These form the foundation upon which we build a professional group. This talk will give participants insight into the major functions, actions, and initiatives of these national acupuncture organizations that give the profession its standing and identity.

**11:15 AM - 12:15 PM**

**NCCIH: Role of Acupuncture**

Wen G. Chen, PhD

1 PDA/CEU, category 1 (CA)

National Center for Complementary and Integrative Health will share the current activities and its key initiatives. NCCIH will share updates on its open access repository/database for acupuncture points. A consensus on location and functional acupoints can aid in the development of rigorous research evidence on acupuncture's therapeutic value.

12:30 PM - 2:00 PM LUNCH & Breakout Discussion Groups

## **2:00 PM - 4:00 PM Breakout Sessions**

2 PDA/CEU, category 1 or 2 (CA)

- **Herbal Safety and Regulations**
  - Jipu "Dan" Wen
  - Chinese herbal medicine safety is one of the most important aspects of learning Chinese herbal medicine. This course will give insight into the herbal safety from the industry point of view. Safety standards in the selection, collection, processing and production of the herbs are crucial in their efficacy. This course will teach how to choose quality products for patient safety and efficacy. We will also discuss known safety issues with the production and distribution of herbal medicines for patient care.
- **Updates on the Use of Acupuncture in Department of Veterans Affairs**
  - Juli Olson, DC, LicAc
  - Perhaps nowhere else in America has acupuncture taken hold as part of the medical landscape as in the military. Dr. Olson will discuss the status and updates of acupuncture inclusion in the Department of Veterans Affairs system. Participants will learn how to best understand this specific patient population. Dr. Olson will provide insight into how to engage the VA, their patient base, and what to expect.
- **Acupuncture Advocacy Training**
  - Molly Giammarco, John Richardson
  - Approaching legislators and regulators can be intimidating without proper training. Participants will learn the most effective ways to engage legislators to promote acupuncture access for patients. This course will train acupuncturists how advocate for the acupuncture profession to members of Congress and their staff, effectively present their "ask" and meet federal legislative goals. This course is required for all Fly-in Day Team Leaders.

**Monday, May 4, 2020: Advocacy on the Hill - Capitol Hill Health Fair & Fly-in**