

NATIONAL CERTIFICATION COMMISSION FOR ACUPUNCTURE AND ORIENTAL MEDICINE



WORKING TOGETHER

Acupuncture Medicine Day Webinar: Cultural Celebration Panel

October 24, 2020 12:30 PM PDT | 2:30 PM CDT | 3:30 PM EDT





Quick Participation Tips

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Want answers?

Ask the staff a question

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- All Attendees are muted;
- You can ask questions using your dashboard. All questions will be answered during or after the meeting;
- All attendees with proper registration and logged into the Town Hall live session via "Join Webinar" link will receive one (1) PDA point for attending;
- <u>To ensure proper attendance</u>: attendee must be able to see this presentation and the dashboard on their device;
- Attention family and friends: You can watch the presentation together, but each attendee must be logged into the session separately in order to receive PDA points;
- Certificate of completion will be distributed within two (2) weeks from the even date.
- In addition, Certificates of completion will be uploaded to Diplomate's Portal in the Diplomate Benefits => My Learning Section
- PDA Points will be reported to Diplomate's Recertification Transcript

Correct/Incorrect Registration

	Diplomate Name	NCCAOM ID #
Correct	John Doe	12569
Incorrect	Dr. John Doe	NCC12569
Incorrect	John Doe, L.Ac.	12569FL
Incorrect	John Doe	Doe12569
Incorrect	John Doe, MSOM	12569

Attendees with improper registration information in red will not be receiving PDA Points







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Presenters

Catherine J. Lumenello, L.Ac.

Eutimia Cruz Montoya, L.Ac, Dipl OM (NCCAOM),

Safiya McCarter, ND, L.Ac.



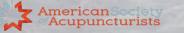






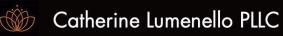
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Catherine J. Lumenello, L.Ac.





Health & Healing Qigong Instruction Mentoring



Home Appointments



Empowering and non-binary...

- Energetics of Sex, Sexuality and Relationships
- Asexuality, masturbation, sexual abuse v. BDSM, nonmonogamy, transgender
- Emotions: Fear, Shame, Guilt, Desire, Secrecy, Repression, Trauma, Suicide

Gender and Sexuality in ChineSe MediCine



Catherine lu Menello



Descriptors...

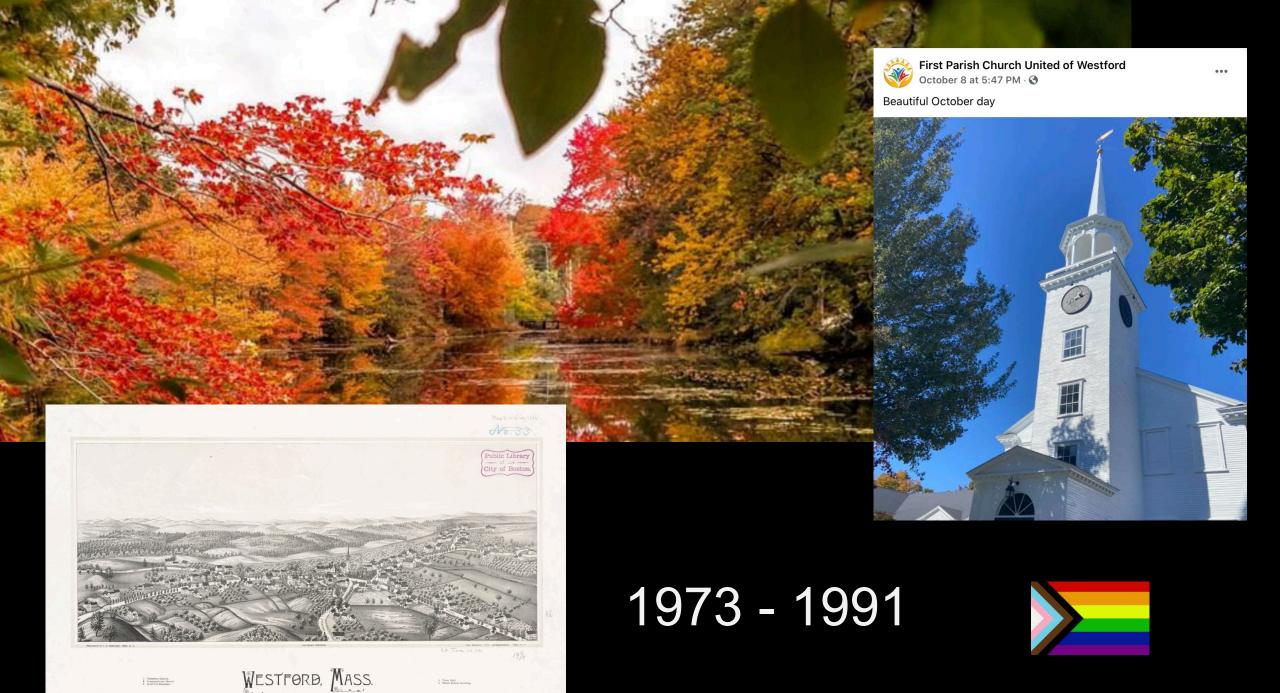
- Compassionate wisdom
- Progressive handbook
- Profound understanding of sexuality
- Radical re-examination of the potential of Chinese Medicine

Gender and Sexuality in ChineSe MediCine





Catherine lu Menello



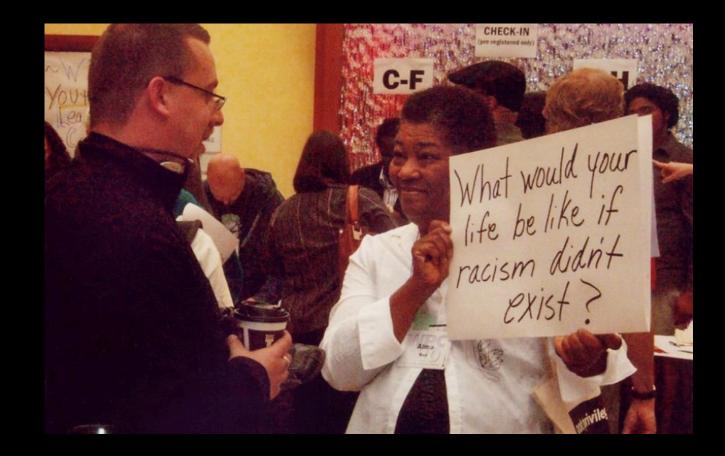
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1886

TUCSON & PHILADELPHIA • 1995 – 2001







Dan Savage

- Sex columnist
- LGBTQ+ activist
- Commentator

Re-evaluation Counseling

International liberation • Deep listening

United to End Racism

TUCSON • 2001 – 2014

Wingspan LGBTQ+ center 2002 – 2005

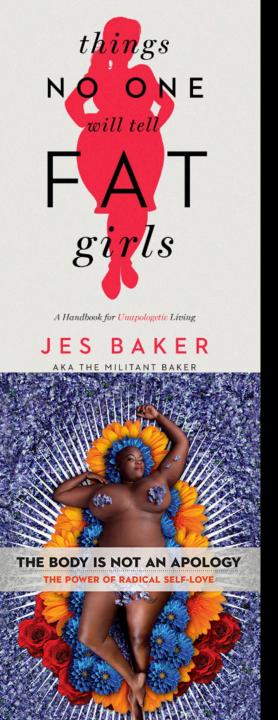


2005 – 2012 Award 2010



Desert Dominion

"We educate, support and uplift LGBTQIA+, sex positivity, alternative lifestyles, consent and inclusion by society of all marginalized people."





Owning our story and loving ourselves through that process is the bravest thing we'll ever do.

Brené Brown

Brené Brown

Teaching • 2012 – 2016

1. SEX as a Cause of Disease

- How much is "too much" sex?
- Masturbation / solo vs. partner play?
- What kind of sex causes "damage"?
- What does Orgasm do?
- What about "rough" sex / BDSM?

Where is the empowerment? Where is the LACK of SHAME?

2. LGBTQ+ Care

HC Disparities = prejudice & oppression

- Low income, language barriers, geographic region
- Racism, sexism/misogyny, homophobia

How is CM doing? What is "WRONG" treatment for LGBTQ+?

What needs to change:

- Becoming real allies sex positivity, body positivity (racism, sizism)
- Linguistic awareness
- Pulse reading
- Acupuncture techniques
- Herb & Qigong 'rules'

Gender and Sexuality in ChineSe MediCine





Catherine lu Menello



VERMONT • 2016 – present

Travel & Adventure must come full circle

www.CatherineLumenello.com



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NATIONAL CERTIFICATION COMMISSION FOR ACUPUNCTURE AND ORIENTAL MEDICINE

Eutimia Cruz Montoya, L.Ac, Dipl OM (NCCAOM)







NATIONAL CERTIFICATION COMMISSION FOR ACUPUNCTURE AND ORIENTAL MEDICINE

Safiya McCarter, ND, L.Ac.





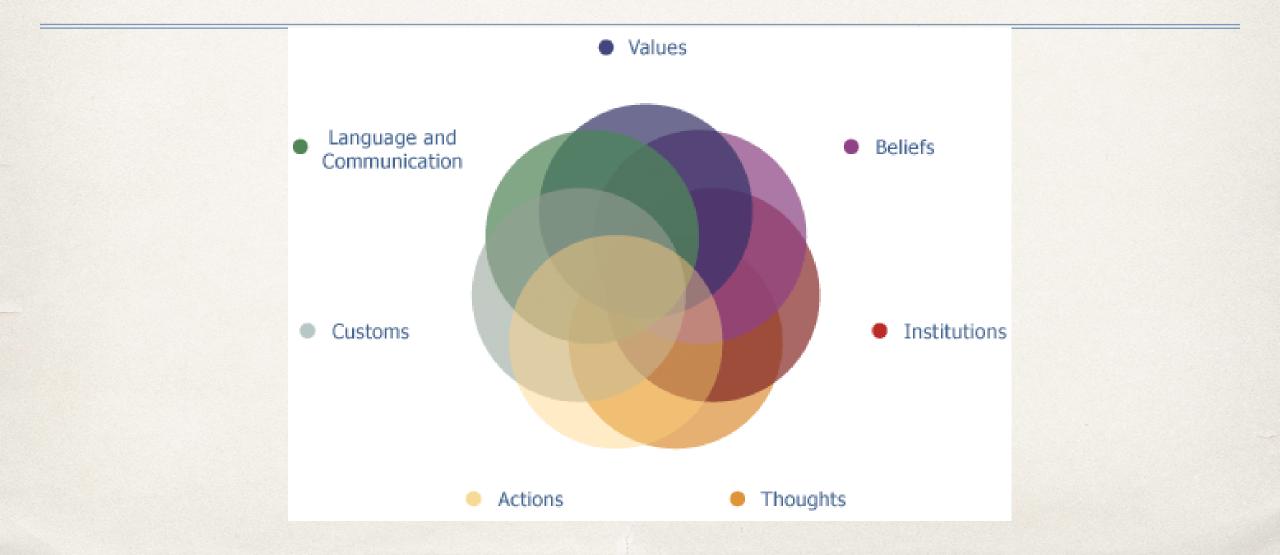
Disclosures:

- Member, Board of Directors: American Association of Naturopathic Physicians (AANP), Chair: Diversity & Inclusion Committee
- * Member, Board of Directors: Midwifery Education Accreditation Council (MEAC), Vice-President of Accreditation, Chair: Equity & Access Committee, Education Standards Committee
- * Member, Board of Directors: Black Acupuncturist Association, Treasurer
- * Co-Founder & Consultant: Project X: Authenticity, Adaptability & Transformation
- * Founder & Consultant: Safiya M. Consulting

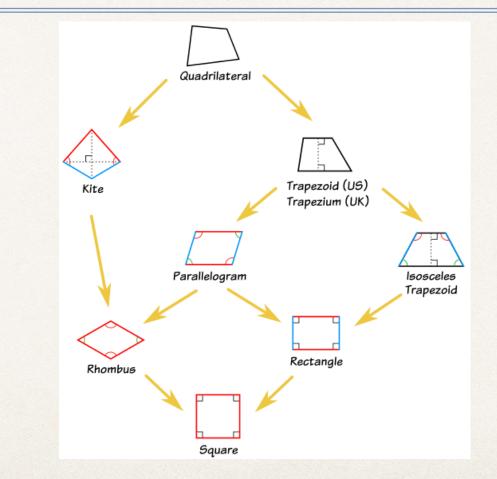
The views expressed in and during this presentation are those of Dr. Safiya McCarter and do not represent the views of the organizations in which she holds membership.



Characteristics of Culture



All squares are quadrilaterals but...



Not all quadrilaterals are squares.

Who are you? Dimensions of Personal/Social Identity

 Dimension A: age, culture, ethnicity, gender, language, physical ability, race, sexual orientation, social class.

 Generally used to profile people due to visibility. Those things from which stereotypes are born.

* P. Arredondo et al. Journal of Multicultural Counseling & Development. January 1996: Vol. 24:42-78

Who are you? Dimensions of Personal/Social Identity

* Dimension B: educational background, geographical location, income, marital status, religion, work experience, citizenship status, military experience, hobbies/recreational interests.

Those aspects of our identity that tend to change.

Who are you? Dimensions of Personal/Social Identity * Dimension C: historical moments

> The time that you were born. What was going on in the world at that time and the impact that it had on you. Sociopolitical events.

Where Do We Begin?

Self Awareness is key?

Recognition of:

Your cultural perspective

Your own biases & prejudices do you hold

Your lack of knowledge/exposure

* The need to take the initiative to learn more

Where Do We Begin? Examine Your Clinical Environment

*Is a welcoming environment created prior to a face-to-face encounter?

Intake forms

*Website

*Social media outlets.

Where do we begin? Cultural Humility

Tenants of Cultural Humility:

 Lifelong Learning: Critical Self-Reflection

 Recognize & Challenge Power Imbalance

More realon, Sorray Garcia. Cultural Augustural competence: Acritical distinction in defining physician training outcomes in multicultural education. Journal of Health Care

Where To Find Me...

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Thank you!

Questions regarding certificates of completion?

culturalcompetency@thenccaom.org





CERTIFICATES OF COMPLETION FOR TOWN HALL MEETINGS ARE DISTRIBUTED WITHIN TWO (2) WEEKS OF THE EVENT DATE

