

**Zeyiad Elias, DAOM, RAc**  
webmaster@asacu.org

## **EXPERIENCE**

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<b>Acupuncturist &amp; Herbalist</b> , Henry Ford Health System, Detroit, MI	2016 - Present
<b>Acupuncturist &amp; Herbalist</b> , Lifespring Cancer Treatment Center, Seattle, WA	2014 - 2016
<b>Acupuncturist &amp; Herbalist</b> , Highline Hospital Cancer Center, Burien, WA	2015 - 2016
<b>Assistant Laboratory Manager</b> , Bastyr University, Kenmore, WA	2013 - 2016
<b>Professional Teaching Assistant</b> , Bastyr University, Kenmore, WA	2010 - 2015
<b>Herbal Pharmacy Manager</b> , Pacific College of Oriental Medicine, Chicago, IL	2006 - 2009
<b>Emergency Technician</b> , St. John Macomb Hospital, Warren, MI	2002 - 2005
<b>Instructor</b> , Kali Academy of Martial Arts, Clawson, MI	2002 - 2005

## **EDUCATION**

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<b>Doctor of Acupuncture &amp; Oriental Medicine</b> , Bastyr University, Kenmore, WA	2009 - 2013
<b>Master of Science of Traditional Oriental Medicine</b> , Pacific College of OM, Chicago, IL	2005 - 2009
<b>Philosophy</b> , 81 credits toward BA, Wayne State University, Detroit, MI	2000 - 2004
<b>Associate of General Studies</b> , Macomb Community College, Warren, MI	1997 - 2000

## **CLINICALS**

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Longhua Hospital of the Shanghai University of TCM, Shanghai, China	2011 - 2011
Sichuan Cancer Hospital of Integrated Chinese & Western Medicine, Chengdu, China	2011 - 2011
Bastyr Center for Natural Health, Seattle, WA	2010 - 2011
Providence Hospital Regional Cancer Partnership, Everett, WA	2011 - 2011
Skagit Valley Oncology Center, Mt. Vernon, WA	2010 - 2011
Wellspring Integrative Health, Evanston, IL	2008 - 2009
Pacific College of Oriental Medicine Clinic, Chicago, IL	2008 - 2009
Lakeview Clinic, Chicago, IL	2007 - 2007

## APPOINTMENTS

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<b>Board Member at Large</b> , American Society of Acupuncturists, United States	2016 - Present
<b>Opioid Task Force Committee</b> , Henry Ford Health System, Detroit, MI	2016 - Present
<b>Supportive Oncology Services Committee</b> , Henry Ford Health System, Detroit, MI	2016 - Present
<b>Governance Committee</b> , American Society of Acupuncturists, United States	2015 - Present
<b>Washington State Delegate</b> , American Society of Acupuncturists, United States	2014 - 2016
<b>Vice President</b> , Washington East Asian Medicine Association, Olympia, WA	2015 - 2016
<b>Board Member at Large</b> , Washington East Asian Medicine Association, Olympia, WA	2013 - 2015
<b>Secretary</b> , Association of Integrative Oncology & Chinese Medicine, International	2010 - 2016

## RESEARCH

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<b>Principal Investigator</b> , Bastyr University, Kenmore, WA	2010 - 2016
<ul style="list-style-type: none"><li><i>In-vitro</i> study of the antineoplastic effects of <i>Pulsatillae Radix</i> on the MDA-MB-231 breast adenocarcinoma cell line.</li></ul>	
<b>Mentor</b> , Bastyr University, Kenmore, WA	2010 - 2016
<ul style="list-style-type: none"><li><i>In-vitro</i> study of the antineoplastic effects of <i>Arctii Fructus</i> on the MDA-MB-231 breast adenocarcinoma cell line.</li></ul>	

### Poster Sessions

- Elias, Z, Cho, Y. The Chinese herb *Radix Pulsatillae*, or bai tou weng, demonstrates anti-neoplastic and cytostatic effects on the MDA-MB-231 mammary adenocarcinoma cell line along multiple signaling pathways. Poster session presented at: Bastyr Annual Research Symposium. 2014 Jun 3; Kenmore, WA.
- Elias, Z, Cho, Y. The Chinese herb *Radix Pulsatillae* (bai tou weng) demonstrates potential cytostatic effect in a time and dose dependent manner on the MDA-MB-231 mammary adenocarcinoma cell line. Poster session presented at: Bastyr Annual Research Symposium. 2013 Jun 4; Kenmore, WA.
- Elias, Z, Cho, Y. The anti-neoplastic effects of *Radix Pulsatillae* (bai tou weng) on the MDA-MB-231 mammary adenocarcinoma cell line. Poster session presented at: Bastyr Annual Research Symposium. 2012 Jun 5; Kenmore, WA.

## PUBLICATIONS

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Cho, Y, Elias, Z. Cytostatic effects of *Pulsatilla (Bai Tou Weng)* on mammary adenocarcinoma cell line (MDA-MB-231) along multiple signaling pathways. The FASEB Journal. 2017;31(1 Suppl):lb534.

Elias, Z (2018). Society for Integrative Oncology 14<sup>th</sup> international conference: conference report. *Meridians - The Journal of Acupuncture and Oriental Medicine*, 5(1), 30-35.

## EDITING

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Weber, D (2014). *Botanical oncology; isolates*. Z. Elias (Ed.), J. Wheat (Ed.), W. Jing (Ed.). Sydney, Australia: Panaxea Publishing.

Weber, D (est 2018). *Integrative Oncology Database*. Z. Elias (Ed). Sydney, Australia: Panaxea Publishing.

## AWARDS

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|---|------|
| Alumni Award, Pacific College of Oriental Medicine, Chicago, IL   | 2015 |
| Best Research Poster Presentation in Category, Bastyr Research Symposium, Kenmore, WA   | 2012 |
| Golden Flower Service Award, Pacific College of Oriental Medicine, Chicago, IL  | 2009 |
| <ul style="list-style-type: none"><li>“In recognition of exceptional service to the Pacific College community, exemplifying the kindness, selfless endeavor, and generosity of time and spirit that represents the highest standard of a practitioner of Chinese Medicine.”</li></ul> |      |

## SELECTED PRESENTATIONS

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| Demystifying Acupuncture: An Introduction to its History, Science, and Logistics of Treatment<br>Internal Medicine Grand Rounds, Henry Ford Hospital, Detroit, MI | 2018 |
| Acupuncture in the Management of Back Pain<br>Annual Sports Medicine Symposium, Henry Ford Hospital, Detroit, MI  | 2018 |
| Acupuncture: An Introduction to its History, Science, and Research<br>MI Academy of Physician Assistants Spring CME Conference, Suburban Showplace, Novi, MI      | 2018 |
| Benefits of Acupuncture<br>Michigan Advanced Practice Provider Symposium, The Inn at St. John’s, Plymouth, MI   | 2017 |
| Acupuncture in the Management of Pain<br>Henry Ford Pain Fellowship Grand Rounds, Henry Ford Hospital, Detroit, MI  | 2017 |
| Acupuncture and East Asian Medicine in Palliative Care<br>Palliative Care Collaborative Annual Regional Conference, The Dearborn Inn, Dearborn, MI                | 2016 |
| An Introduction to Chinese Medicine in Supportive Oncology<br>Josephine Ford Cancer Institute Grand Rounds, Henry Ford Hospital, Detroit, MI                      | 2016 |
| <i>Radix Pulsatillae Chinensis</i> : A Potential Weapon Against Breast Cancer?<br>Pacific College of Oriental Medicine, Chicago, IL                               | 2015 |
| A Presentation of His Research, Why We Need Research, and How to Get Involved<br>Bastyr University, Kenmore, WA & Bastyr Center for Natural Health, Seattle, WA   | 2015 |

## MEDIA

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Allison, B. (Host), Allison, R. (Host). (2017, April 20). *Ask Your Neighbor: Health Talk on Acupuncture*. Detroit, MI: WNZK, 690AM.

Allison, B. (Host), Allison, R. (Host). (2018, April 30). *Ask Your Neighbor: Health Talk on Acupuncture*. Detroit, MI: WNZK, 690AM.

Elias, Z (2018, July 5). Tai Chi: An Old Art for Modern Disease [Web log post]. Retrieved from <http://www.henryfordliverwell.com/tai-chi-old-art-modern-disease/>

Jaafar, S. (Host). (2018, June 13). *Off the Cuff: Dr. Zeyiad Elias*. Dearborn, MI: WDHT, TV.

## **LICENSES & CERTIFICATIONS**

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Registered Acupuncturist Michigan Department of Licensing and Regulatory Affairs, #5401000196	2016 - Present
TCM Oncology Shanghai University of TCM	2011
TCM Oncology Sichuan Cancer Hospital of Integrated Chinese & Western Medicine	2011
Licensed Acupuncturist Washington State Department of Health, #60137788	2010 - 2016
Diplomate of Oriental Medicine National Certification Commission for Acupuncture & Oriental Medicine	2010 - Present
Clean Needle Technique Certification Council of Colleges of Acupuncture and Oriental Medicine	2008
Certified Instructor Kali Academy of Martial Arts	2002 - Present
Basic Life Support and First Aid American Heart Association	1998 - Present
Advanced Cardiovascular Life Support American Heart Association	2004 - 2006

## **CURRENT PROFESSIONAL MEMBERSHIPS**

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American Society of Acupuncturists  
Association of Integrative Oncology and Chinese Medicine  
Chaldean-American Association for Health Professionals  
Michigan Association of Acupuncture and Oriental Medicine  
National Arab-American Medical Association  
Society for Integrative Oncology

## **REFERENCES**

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Available upon request.