Defence and Veterans Pain Rating Scale

Look at the “Defence and Veterans Pain Rating Scale” and read the descriptions under each number. Please rate the severity of your CURRENT PAIN by circling the corresponding number (0 to 10).

DVPRS Supplemental Questions
For clinicians to evaluate the biopsychosocial impact of pain

1. Circle the one number that describes how, during the past 24 hours, pain has interfered with your usual ACTIVITY:

   0  1  2  3  4  5  6  7  8  9  10

   Does not interfere

   Completely interferes

2. Circle the one number that describes how, during the past 24 hours, pain has interfered with your SLEEP:

   0  1  2  3  4  5  6  7  8  9  10

   Does not interfere

   Completely interferes

3. Circle the one number that describes how, during the past 24 hours, pain has affected your MOOD:

   0  1  2  3  4  5  6  7  8  9  10

   Does not affect

   Completely affects

4. Circle the one number that describes how, during the past 24 hours, pain has contributed to your STRESS:

   0  1  2  3  4  5  6  7  8  9  10

   Does not contribute

   Contributes a great deal